



Public Health  
England

**NHS**

A guide to

**COVID-19**

**vaccination**

**Large print version**

**All women of  
childbearing age,  
those currently  
pregnant, planning  
a pregnancy or  
breastfeeding**

**You must read  
this before  
you go for  
vaccination**



**COVID-19 immunisation**

Enjoy life. Protect yourself.

# **A guide to COVID-19 vaccination**

**All women of childbearing age, those currently pregnant, planning a pregnancy or breastfeeding**

**You must read this before you go for vaccination**

**A leaflet from Public Health England and the NHS.**

**COVID-19 immunisation – Enjoy life. Protect yourself.**

The Pfizer-BioNTech COVID-19 vaccine is a new type of vaccine that has been shown to be effective and to have a good safety profile. It has not yet been assessed in pregnancy, so it has been advised that until more information is available, those who are pregnant should not have this vaccine.

**Many vaccines can be given safely in pregnancy so why am I being advised against this vaccine?**

Evidence so far reviewed by the MHRA raises no concerns for safety in pregnancy.

Because of the new formulation of this particular vaccine the MHRA wants to see more non-clinical data before finalising the advice in pregnancy. It is standard practice when waiting for such data on any medicine, to avoid its use in those who may become pregnant or who are breastfeeding. This will be kept under review as more evidence becomes available.

## **What does this mean for me?**

Here are the key points you should consider until we have more evidence:

- if you are pregnant you should not be vaccinated – you can be vaccinated after your pregnancy is over
- if you think you may be pregnant you should delay vaccination until you are sure you are not
- if you are planning to get pregnant in the next three months, you should delay your vaccination
- if you know you are not pregnant you can start the two-dose course now and you should avoid getting pregnant until at least two months after the second dose
- if you have had the first dose and then become pregnant you should delay the second dose until after the pregnancy is over

If you are breastfeeding you should wait until you have finished breastfeeding and then have the vaccine. If you were breastfeeding when you had the first dose you are advised not to have the second dose until you have finished breastfeeding.

This advice is precautionary until additional evidence is available to support the use of this vaccine in pregnancy and breastfeeding. It may then be possible to have the Pfizer-BioNTech vaccine. Until that advice is changed you may be able to have one of the other COVID-19 vaccines that are expected.

**Vaccination, helping to protect those most vulnerable.**

If you need more information on the COVID-19 vaccination please visit  
**[www.nhs.uk/covidvaccination](http://www.nhs.uk/covidvaccination)**

© Crown copyright 2020

Product code COV2020374LP NOV (APS) 2020

Public Health England Gateway number 2020383

You can order more of these free leaflets at  
**[www.healthpublications.gov.uk](http://www.healthpublications.gov.uk)**